DANCE MOVEMENT EVALUATION

Facilitated by Prof. Albert Dimarucut & Mr. Jaime Santos

In regular dance class, the students evaluate more the dance itself as they focus on what they have to learn in terms of skills. In DMT class they evaluate the process of knowing, understanding and feeling of what the SELF is articulating - what is the self that interacts and adapts through working in pairs, group and alone.

In the Philippines DME is the search for the inner self leading to a better understanding of one’s emotions and behaviors, an approach in Discovering Meanings in Existence (through de-stressing movement experiences).

(Dimarucut, 2014, unpublished thesis)